



TRANS COMMUNITY DENIED HEALTHCARE & HORMONE REPLACEMENT THERAPY(HRT) UNAVAILABLE IN ZIMBAMBWE

Taking HRT and presenting as Femme is expensive and difficult for trans women.

IT MATTERS TO ME & MY COMMUNITY TO SEE ME TRANSITIONING.

To see me feminine and presenting beautifully. It matters just as much as my research and advocacy.



DZOE AHMAD

Transgender Human Rights Defender



HEALTH RIGHTS & RESEARCHER

Trans Research, Education & Training (TREAT)



VISUAL ACTIVIST

Organizes community health & care spaces



CONTENT CREATOR

Builds trans positive art and photography campaigns

In order to take HRT and receive care she needs to **CROSS THE BORDER** to Botswana.



However, Due to COVID, **THE BORDERS ARE CLOSED.**

DZOE HASN'T TAKEN HRT IN 8+ MONTHS

AS HER BODY WENT THROUGH PHYSICAL CHANGES, SHE STARTED TO STRUGGLE WITH DEPRESSION.

Dzoe struggled with dysphoria & psychological impacts of body changes. She felt like she wasted money on years of HRT to stay visibly femme.

Facial and body hair growth
Facial shape change
Breasts gone
Body shape gone

EVEN WORSE, SHE FELT LIKE SHE HAD FAILED HER COMMUNITY



Dzoe felt **pressure** to present strong, composed & femme. She didn't want her community to see her body changes, her depression and dysphoria, and **feel loss of their symbol of hope.**

Dzoe has less physical & emotional capacity for HRD work AT TIME OF SEVERE COMMUNITY NEED.

Without WHRD & transgender activists like Dzoe, the community suffers through:



Reduced wellness work for trans community (during severely traumatizing time)



Reduced health trainings (during COVID crisis)



Reduced security coordination work (during increased police raids)



Halted social media visibility & trans positivity campaigns (during heightened smear/defamation campaigns)